

# MS Brain Health resources

## Policy report

- [Brain health – time matters in multiple sclerosis policy report and executive summary](#) [report available in English, German and Serbian]
- [Policy recommendations](#)

## Consensus standards

- [Expert consensus on standards for timely MS care](#)

## Resources for healthcare professionals

- [Guide for general practitioners and primary care providers and accompanying letter](#) [available in English and French]
- [Brain health in multiple sclerosis – a nursing resource](#) [available in English, Chinese, Dutch, Estonian and French]
- [Why manage comorbidities in people with multiple sclerosis?](#) [available in English and Slovakian]
- [Brain health – time matters in multiple sclerosis – slide deck for presenting to healthcare professionals](#) [available in English, Chinese and French]
- [MS Brain Health consensus standards \[slide deck for presenting to healthcare professionals\]](#)

## Resources for people with MS

- [Brain health – a guide for people with multiple sclerosis](#) [available in 22 languages]
- [Brain health – a guide for people with multiple sclerosis](#) [slide deck; available in English and Chinese]
- [Six ways to live a brain-healthy lifestyle](#)

**Link to the MS Brain Health website ([www.msbrainhealth.org](http://www.msbrainhealth.org))**