<<Your full name>>

<<Address>>

<<Postcode/Zip code>>

<<Country>>

Click here to enter a date.

<<Full name of GP/PCP>

<<Affiliation of GP/PCP>>

Dear Doctor <<Name>>

You may not know me – I am a neurologist <<with a specialist interest in MS>> and work at <<your local/regional MS centre>>.

I have pleasure in recommending to you a new short guide for general practitioners (GPs) and primary care providers (PCPs) that provides advice on helping to diagnose and manage patients with multiple sclerosis (MS).

Multiple sclerosis is now a highly treatable disease – however, it can be difficult to diagnose. This short guide provides advice on recognizing the key symptoms of MS and referring people with suspected MS to a neurologist. It also provides an overview of how GPs/PCPs can contribute to the ongoing shared care, support and monitoring of people with MS.

This guide is based on an evidence-based international consensus report,[*Brain Health: time matters in multiple sclerosis*](http://www.msbrainhealth.org/report), which describes a strategy to maximize lifelong ‘brain health’ and includes recommendations on how to achieve this goal. Key points of relevance to GPs and PCPs are highlighted in the short guide.

It is important to remember that in MS, similar to many other diseases, **time matters** at every stage of the disease – by minimizing delays in diagnosis and referral to a specialist, you can help to maximize brain health and improve the lives of people with MS.

I hope that you will find this guide useful and will share the information widely. To find out more and to read the full report, please visit [www.msbrainhealth.org/](http://www.msbrainhealth.org/).

Yours sincerely,

<<Your full name>>