TIME MATTERS in MS

Timely Intervention, Monitoring and Education MATTERS in Multiple Sclerosis

A tool to benchmark your clinical standards

- Based on MS Brain Health consensus standards defined by an international group of multiple sclerosis (MS) experts¹
- Helps your centre to monitor the timing of key events in the MS care pathway



MS Brain Health consensus standards

Expert <u>consensus standards</u> for timely MS care were developed by a panel of global MS specialist neurologists.¹ An iterative, online, modified Delphi process was followed to define 'core', 'achievable' and 'aspirational' time frames reflecting minimum, good and high care standards, respectively.¹ These three 'levels' of standards provide a choice of targets that every MS centre can work towards.

Taken together, the standards outline a practical timeline for brain health-focused MS care, providing MS teams with a framework for **service evaluation**, **benchmarking and improvement**. If adopted, they could revolutionize the care pathway for people with MS.



Reference

 Hobart J et al. International consensus on quality standards for brain health-focused care in multiple sclerosis. Mult Scler 2018; doi:10.1177/1352458518809326.



A new tool to support clinical improvement

MS Brain Health has developed a tool, based on the consensus standards, to support MS centres in assessing the care they provide. This tool allows you to **compare** services at your centre with the international quality standards for timely MS care.

Based on your results, you could:

- identify service gaps
- implement strategies based on local need
- re-audit areas selected for improvement.



The first prototype of the MS Brain Health quality improvement (QI) tool was successfully trialled in three MS centres (in Australia, Germany and the UK) in 2018. Local analysis of results from that initial pilot study led to **improvements in clinical practice** in those centres.

Feedback from the three MS centres that piloted prototype 1 of the tool was incorporated to create prototype 2. This version was then trialled in over 15 MS centres in a range of countries to assess the applicability of the tool for service improvement across different healthcare settings.

We hope that a refined version of the tool will be used by MS centres globally to help bring about improvements in care for people with MS. Check back here or sign-up to our newsletter to further updates.

Please contact us to find out more: info@msbrainhealth.org

